

Annexure A Socio-demographic questionnaire

Annexure B Quantitative food frequency questionnaire

Annexure C 24-hour recall

Annexure D Permission from the Department of Education

Annexure E Letter of consent for Eatonside

Annexure F Letter of consent for Orange Farm

Annexure G Ethical approval for the study conducted in Eatonside

Annexure H Ethical approval for the study conducted in Orange Farm

Annexure I Breakfast pattern questionnaire

Annexure J Paired preference test (Eatonside)

Annexure K Acceptance test (Eatonside)

Annexure L Recipe pamphlet

Annexure M NSNP Application form

Annexure N NSNP Assessment form

Annexure O Acceptance testing form (Orange Farm)

Annexure P Proof of language editing