

Table 3.5 Food variety scores, as measured by the food groups, and the number of children consuming the food items during a period of seven days (n=44)

Item no.	No. of children consuming Flesh foods (n=11)	No. of children consuming Eggs (n=1)	No. of children consuming Dairy (n=7)	No. of children consuming Cereals (n=13)	No. of children consuming Legumes (n=5)	No. of children consuming Vit. A rich foods (n=8)	No. of children consuming Fruit (n=16)	No. of children consuming Vegetable (n=16)	No. of children consuming Fat (n=4)	Total (n=81)
0	0	8	1	0	3	2	1	2	3	15, 18=1
1	2	36	2	1	11	1	2	2	4	20, 23=2
2	1		5	0	10	7	3	3	10	25, 29=1
3	6		6	1	2	7	5	4	21	30=2
4	1		3	4	6	9	5	7	6	31=1
5	6		9	0	2	6	8	7		32=3
6	10		11	5		6	4	5		34=2
7	8		7	3		4	6	6		31,33, 35=1
8	4			6		2	3	3		37=3
9	1			9			0	0		38, 42=2
10	2			5			1	2		43=1
11	3			2			2	0		44, 45=2
12				5			1	1		46, 48=1
13				3			0	0		49=3
14							0	0		51, 53-55=1
15							0	0		57-59 = 1
16							3	2		80, 81 = 1